



WONDERS OF ATLANTIC CANADA - NEWFOUNDLAND & LABRADOR

St. John's - Arrival

Day 1: Welcome to Newfoundland and Labrador where wildlife and breathtaking scenery awaits you. Get settled into the Sandman Signature St. John's Hotel and spend the evening getting acquainted with your surroundings.

St. John's

Day 2: Kick off the day and explore all that the port city of St. John's has to offer. Visit the most easterly point in North America at Cape Spear Lighthouse National Historic Site, then visit downtown St. John's. Stop for lunch at one of the many cafes and pubs in

the area. Stroll along two of the oldest streets in North America, Duckworth Street and Water Street, and visit the shops and galleries that line them. At nearby Quidi Vidi Village check out Quidi Vidi Brewery, notable for their Iceberg beer (made with real icebergs), and head to the Quidi Vidi Village Artisan Studios, a collection of small studios highlighting emerging local artists. Downtown St. John's is also known for points of interest such as Jellybean Row, the Rooms, home of Provincial Museum, Archives and Art Gallery and the Terry Fox Memorial. Don't forget to stop at the Johnson Geo Centre and Signal Hill National Historic Site

to take in the colorful views and iconic photo opportunity of St. John's.

St. John's

Day 3: Visit the Irish Loop region just south of St. John's where you can experience Lighthouse Picnics, Ferryland and take a boat tour to the Witless Bay Ecological Reserve to see humpback whales and nesting seabirds. Travel to Ferryland (1 hour south of St. John's) and take short 40-minute hike to Ferryland Lighthouse and enjoy a gourmet picnic from Lighthouse Picnics. Watch for humpback whales from the coastline as you enjoy your picnic. Be sure to also visit the Colony of Avalon, Ferryland established in 1621 by Sir George Calvert (the First Lord Baltimore). Depart Ferryland for Bay Bulls and take a local boat tour to the Witless Bay Ecological Reserve to see whales, Atlantic puffins, and other seabirds. Marvel at marine wildlife up-close on this cruise through the Witless Bay Ecological Reserve. The reserve is home to over 2.5 million seabirds and one of the largest populations of whales in the North Atlantic. Aboard a spacious catamaran with ample viewing areas, admire

icebergs and watch for puffins, whales, razorbills, black legged kittiwakes, and more (wildlife attractions vary with the time of year). Hear live commentary from crew and naturalists on board about Newfoundland's heritage as you travel to Iceberg Alley.

St. John's - Clarenville

Day 4: If you enjoy nature viewing you will want to visit Cape St. Mary's Ecological Reserve to view the northern gannets that nest on a 200 ft sea stack, located on the south-west coast of the Avalon Peninsula near St. Bride's. Stand a mere 20 metres from Bird Rock at the Cape St. Mary's Ecological Reserve, one of the most accessible seabird nesting sites in the world. If you like history, Castle Hill National Historic Site is well worth the scenic drive. This site consists of the remains of French and British fortifications and outworks from the late 17th to the early 19th centuries that sits on the top of a peninsula, high above Placentia, Newfoundland offering fantastic views. Depart Placentia for Clarenville.

Clarenville - Gander

Day 5: Depart Clarenville for Gander. North

of Gander Twillingate offers stunningly rugged coastline, historical, picturesque streets, and lush countryside roads. In the waters off the coast, look for whales, dolphins, harp seals, seabirds, and - if the season is right - icebergs. Twillingate is one of the stops along Iceberg Alley, and best places to view all these sights is at Long Point Lighthouse, which looks out over the distant reaches of Notre Dame Bay. Take a boat expedition and witness whales breaching and playing.

Gander - Corner Brook

Day 6: Depart from Gander for Gros Morne National Park. Take in the beautiful scenery as you journey through Newfoundland and Labrador and making your way to a Canadian treasure, Gros Morne National Park, a UNESCO World Heritage Site. Option: Stop in King's Point and tour the sites there.

Corner Brook

Day 7: Spend your day hiking through Gros Morne National Park.

Corner Brook - St. John's

Day 8: Make your way back to St. John's or Depart via air from Deer Lake, NL.