



# **WONDERS OF ATLANTIC CANADA** - NOVA SCOTIA

#### Halifax - Arrival

Day 1: Downtown Halifax has something for everyone, the best place to start, the Halifax Waterfront, is one of the most popular attractions in the province. From here you can hop on a tour to show you around the city! Take a stroll along Spring Garden Road. This is one of the most popular streets in Halifax and a great spot for people watching! While you're there tour the Halifax Public Gardens, a rare example of a formal Victorian garden. For those wanting to learn a bit about the History of Halifax visit one of our museums or historic sites. Visit Pier 21 the Canadian Museum of Immigration to learn about the experiences of immigrants as they arrived in Canada or tour the Maritime Museum of the Atlantic to see the world's finest

collection of wooden artifacts from the Titanic. At the top of the city, you will find the Halifax Citadel National Historic Site where the sounds of a modern, bustling port city are exchanged for the crack of rifle-fire and the skirl of bagpipes. Get a taste for Halifax at one of the local restaurants or food vendors. Spend the evening exploring the nightlife of Halifax's Argyle Street. You'll find no shortage of evening entertainment. Grab a drink at one of the unique cocktail bars, take in a bit of live music at one of the many pubs, or get a taste for the Halifax craft beer scene at one of the breweries.

# Halifax

Day 2: Depart for the South Shore and be sure to stop at the iconic Peggy's Cove Lighthouse. Wander the working fishing

village of Peggy's Cove where you can visit one of several gift shops, get a taste for the local seafood and snap a photo of one of the worlds most photographed lighthouses. Continue along the South Shore to Mahone Bay, recognized by the three churches that welcome visitors on their way into town. Browse the selection of Art galleries and specialty shops such as Amos Pewter, Birdsall Pottery, Spruce Rugs, The Quilt Shop, etc. are all within an easy stroll. Local must-tastes stops include The Biscuit Eater and JoAnne's Market, The Barn Coffee & Social House, and many more. Visit the seafaring town of Lunenburg, a UNESCO World Heritage Site, with its colourful waterfront, narrow streets and captivating architecture. Old Town Lunenburg is home to Nova Scotia's famous racing schooner, Bluenose II. While in Lunenburg be sure to visit Ironworks Distillery, Fisherman's Museum of the Atlantic, Lunenburg Walking Tours. Lunenburg is filled with fresh seafood that can be found at some of the best restaurants in the province: Salt Shaker Deli, The Old Fish Factory, The Grand Banker Bar & Grill, The Half Shell, etc. If this is all you can fit into a day Lunenburg is home to many Inn's and B&B's.

## Halifax - Yarmouth

Day 3: Explore the rugged landscape and take in the breath taking views and sunsets at Cape Forchu Lighthouse. Have a taste of local seafood at the Keeper's Kitchen located next to the lighthouse. Join The Song of the Paddle on one of their paddling excursions and see some of the best scenery that Nova Scotia has to offer. Make your way to Argyler Lodge for the night. While you're there be sure to enjoy a guided kayaking tour of Lobster Bay or a hands-on cooking class in the dining room or on the beach. The Argyler is a unique luxury oceanfront lodge in a fishing village on Lobster Bay.

#### Yarmouth

Day 4: Make your way to Kejimkujik National Park and National Historic Site. offering visitors the opportunity to hike one of the 14 trails through woodlands and along waterways or to canoe one of the waterways used by the native Mi'kmaq. Discover rock engravings known as petroglyphs, evidence of the presence of the Mi'kmaw people for thousands of years. After a day in the woods or on the water, visitors can set up camp at one of the many campsites throughout the park.

Whether you prefer to camp in a tent or trailer, travel to a wilderness site, or try our new equipped accommodations, there is a camping experience for you! When the sun sets, visit the Sky Circle and gaze at brilliant celestial bodies through an onsite telescope, binoculars, or with the naked eye. Drive along the Digby Neck for whale watching on the Bay of Fundy! This is Nova Scotia's premier eco-tourism destination. Long Island and Brier Islands casts out into the rich waters of the world famous Bay of Fundy. During the summer months these waters are home to up to 12 species of whales. This small, quaint town has a variety of accommodations to suit every traveler's style. Digby Pines, a beautiful resort and spa, is nestled within the town and surrounding area. Digby is port for a year-round ferry service that crosses the beautiful Bay of Fundy between Digby and Saint John, New Brunswick.

#### Yarmouth - Wolfville

Day 5: Visit the charming little village of Hall's Harbour, home to the "Lobster in the Rough" dining experience. Locals and visitors alike flock to this tiny fishing village to select and have prepared a sample



of the world renowned Bay of Fundy lobster. The experience is heightened by devouring this delicacy while seated in the waterfront dining room, the prime stage for observing the highest tides in the world. Begin your Annapolis Valley adventure in Grand Pre, home of Grand Pre National Historic Site, one of three UNESCO World Heritage Sites in Nova Scotia-once the epicentre of Acadian culture and now the most significant memorial to their tragic upheaval. Take in the amazing smells of unique herbs and fruits at The Tangled Garden. The property features the owner's private home along with an extensive herb garden, a labyrinth, art gallery and shop. Explore Nova Scotia's Wine Country. Wolfville is perfectly nestled amongst the majority of Nova Scotia wineries here in the Annapolis Valley. The Wolfville Magic Winery bus is the perfect Hopon, hop-off option to travel between wineries! Wineries on route include Lightfoot and Wolfville, Domain De Grand Pre, Luckett Vineyards, L'Acadie Vineyards and Gaspereau Vineyards. Stop for a bite at one of the Cafes, bistros and pubs on Main St. while browsing boutique shops. Many of the restaurants in Wolfville are dedicated to creating fresh seasonal dishes from local produce and seafood. Spend the night in one of the Victorian

houses in the town which have been converted to historic inns and bed & breakfasts.

#### Wolfville - New Glasglow

Day 6: Come and walk, play and explore on the ocean floor at Burntcoat Head Park, home of the world's highest recorded tides. 160 billion tones of water flow daily into the basin every 13 hours which is more than the combined flow of the world's freshwater rivers! Experience the one-of-a-kind outdoor adventure, Tidal Bore Rafting! As the 160 billion tonnes of water rushes into the Bay of Fundy at high tide, there is only so much space for it to travel and therefore the great tides actually reverse the flow of rivers that would typically flow into the Bay. Nowhere else in the world can you find this kind of experience! Make your way towards Cape Breton Island, on route spend a night in the area of Pictou or New Glasgow.

#### New Glasglow - Sydney

**Day 7:** Follow the Cabot Trail through the Cape Breton Highlands National Park. Check in at the Parks Canada Visitor Centres in Cheticamp. The park offers 26 hiking trails (from easy strolls to strenuous climbs), camping, golf, cycling, wildlife, beaches, look-offs, and guided activities.

Hike one of the parks most popular trails, Skyline Trail. The trail will lead you out to the top of a mountain headland to one of the most spectacular panoramic views in the province that overlooks the Cabot Trail and the ocean. Or enjoy a Lobster boil on the beach. Get out and stretch your legs at the numbers look off points along the trail. Jump on board a Whale Watching tour departing from the Pleasant Bay Wharf. Summer and fall are the best times to go whale watching in Nova Scotia. Pleasant Bay is a convenient spot to grab a bite to eat before reentering the park. If you've filled your day exploring the first leg of the Cabot Trail, Pleasant bay is scattered with welcoming accommodations to spend the night. Or continue along the Cabot Trail Towards Ingonish. Chalets, inns, resorts, cottages and lodges are just a few of the many accommodations in Indonish area.

### Sydney

Day 8: Popular stops on route to Ingonish include: Black Brook Beach, Mary Anns Falls, and the Franey Trail only to name a few. Stop by one of the small cafes or bakeries to enjoy a freshly baked pastry and coffee as you take in the fresh salt air. Enjoy the beautiful beaches and go for a dip in the Atlantic Ocean in the clean waters along the shores or head out kayaking along the shores to take part in some bird watching. Enjoy the spectacular views from the top of the world renowned Highland Links Golf Course as you hit a few rounds. Depart Ingonish for the charming town of Baddeck. Discover the Alexander Graham Bell National Historic Site, home to the world's largest collection of Bell's inventions and artifacts, including replicas of the first telephone and a full-scale model of the HD-4 hydrofoil watercraft. Explore the Bras d'Or lakes by water on a sailing or kayaking tour. There are a wide range of accommodations in Baddeck, from quaint bed and breakfasts to fullsized inns and motels. Spend a night in Baddeck or make your way to Sydney.

#### Sydney - New Glasglow

**Day 9:** Rub shoulders with history at the Fortress of Louisbourg National Historic Site. Step through Louisbourg's fortress walls and time-warp back to the 1700s. Learn to fire a cannon as they did 300 years ago, don military regalia, or fire an exact replica of an 18th century musket. Enjoy a traditional 18th Century lunch on site where Costumed staff in period restaurants prepare and serve delicious food and beverages based on 18th century tradition and recipes. Discover the taste and aroma of Fortress Rum and

the story of this drinks of 18th century Louisbourg. Your 18th century experience doesn't have to end when the gates close at 5:00. Camp under the stars, safe inside the fortress walls, or sleep in a period house just as they did 300 years ago. Make your way to Liscombe to spend the night at Liscombe Lodge. Hike along a portion of the 9 km of hiking trails or simply relax and enjoy the solitude of area overlooking the river at Liscombe Lodge. Take a boat tour along the Liscomb River. This relaxing Pontoon Boat ride along the Liscomb River channel takes you into the open waters of the Atlantic Ocean with Marina Supervisor and Captain, Chester. Visit the resort restaurant for a true Maritime meal with a view of the Liscomb River and the rugged Eastern Shore landscape.

# New Glasglow - Halifax - Departure

Day 10: As you make your way back toward Halifax be sure to check out the beautiful beaches along the Eastern shore. Head to Lawrencetown and check-in at East Coast Surf School at Lawrencetown Beach Provincial Park to learn to ride the waves. If surfing isn't your thing check out Lawrencetown, or one of the other beautiful beaches along the Eastern Shore.

